

Meatball Memories

By Taylor Morgan, Founder, LocalDines.com

"Nana, your meatballs are *OUT OF THIS WORLD!*" Those are the words I exclaimed at the family dinner table when I was seven years old. Ten

years later, Nana Freida passed on, and as much as I missed her kisses, I couldn't fathom going through life without her meatballs. I tried to duplicate them myself, but admittedly, I'm lacking in cooking skills. Over the years, I ate meatballs at restaurants all over the country but nothing ever nailed the taste and consistency of hers.

Fast forward to 2015 when I wandered into D'Angelo's in Palm Beach Gardens. They had just opened, and they were promoting the fact that they came up with a scientific way to actually duplicate New York water —which apparently makes their pizza dough, their sauce (and basically everything) taste better. I was intrigued.

I opened the menu fully expecting to order pizza...but then, there it was. Meatballs. I didn't want to

be disappointed yet again but my inner child was screaming and I couldn't shut her up so, reluctantly, I caved.

And then...in just one bite...I was transported back to that family dinner table. My eyes actually welled up. My 40-year search was finally over. Meatball Nirvana. Because I got out of my comfort zone and tried some place new, I finally found my way back home. (And to think, I almost didn't order the meatballs. Thank you, Screaming Inner Child!)

You'll find the family-owned D'Angelo's at Frenchman's Crossing on Hood Road. I can heartily recommend their New York rolls, eggplant rollatini, rice pudding, calzones, pizza, and of course, the meatballs.

I'm sure there are certain foods that bring you right back to your childhood, too. There are so many wonderful Mom & Pop restaurants serving dishes that might just transport you there. To find some great gems right in our area, please visit **LocalDines.com** for menus, photos, video, and if you like a great deal, dining certificates are available at 50% off. Take your kids or grandchildren out for a nice meal. You could actually be giving them memories that last a lifetime! ■



D'Angelo's Meatballs - photo credit: LocalDines.com

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